

MJLA Foreword

Dear Staff and Students,

It is a great honour to have been invited to write the foreword to a journal which is so demonstrative of the Liberals Arts ideal. The contributors have all followed their academic curiosity and the results of their research are remarkable. In this edition of the MJLA we have papers as wide ranging in topic as: Catholicism and Female Identity, Mindfulness and Alzheimer's disease and Education and Communicative Action. The journal is a wonderful example of the academic work of UCM students who study a such a wide range of courses and write papers on an even more diverse set of subjects!

I would like to thank the many people who have worked so hard to make sure that the MJLA continues to reward academic excellence with publication, from the many student editors who have worked diligently in the first round of assessment and selection, to the staff members who have given the final expert assessment on papers. In particular, I would like to express UCM's gratitude to the editorial team that have laboured hard to make the journal available online.

The MJLA is one of UCM's many great traditions to be nurtured and nourished for the benefit of future generations of students.

Professor Mathieu Segers

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